

JENNIFER A. O'DAY, MD

CURRICULUM VITAE

PERSONAL HISTORY: Department of State Hospitals- Metropolitan
11401 S. Bloomfield Ave.
Norwalk, CA 90650

US Citizenship

EDUCATION: B.S. in Biology, University of California at
Riverside, Riverside, CA 1999

M.D., Ross University School of Medicine,
Portsmouth, Dominica, WI 2003

Internship, UCLA/SFV Psychiatry Residency
Program, North Hills, CA 2003

Residency, UCLA/SFV Psychiatry Residency
Program, North Hills, CA 2007

Fellowship, UCLA/SFV Forensic Psychiatry
Fellowship, Sylmar, CA 2008

LICENSURE: California, #A92475- Expiration 1/31/2023

BOARD CERTIFICATION: American Board of Psychiatry and Neurology
Initial Certification Examination in Psychiatry -
06/12/09 passed, 12/19/19 recertified

American Board of Psychiatry and Neurology
Initial Certification Examination in Forensic
Psychiatry - 06/07/11 passed

PROFESSIONAL EXPERIENCE: Senior Specialist Psychiatrist (Psychopharmacology
Consultant), Metropolitan State Hospital, Norwalk,
CA 05/2018- present

Staff Psychiatrist (Psychopharmacology
Consultant), Metropolitan State Hospital, Norwalk,
CA 11/2012- present

Staff Psychiatrist (Forensic Inpatient/ Teaching),
Metropolitan State Hospital, Norwalk, CA 7/07-
12/2007, 7/2008-5/2010, 7/2012-11/2012

Senior Psychiatrist –Acting (Supervisor)
Metropolitan State Hospital, Norwalk, CA
5/2010- 7/2012

Staff Psychiatrist (Forensic Outpatient)
Twin Towers Correctional Facility, Los Angeles,
CA 1/2008-4/2008

Staff Psychiatrist (Emergency Room)
Olive View Medical Center, Sylmar, CA
9/2005- 1/2013

Chief Resident of Outpatient Mental Health,
Sepulveda VA, North Hills, CA 7/2006-6/2007

Staff Psychiatrist, Cal State Northridge, Northridge,
CA 7/2006-6/2007

- PROFESSIONAL ACTIVITIES:
- Psychiatry Department Vice-Chair, Metropolitan State Hospital, 07/01/2018- 06/30/2019
 - Psychiatry Department Chair, Metropolitan State Hospital, 07/01/2015- 6/30/2018
 - Pharmacy & Therapeutics Committee, Vice Chair, Metropolitan State Hospital, 7/2013- Present
 - Pharmacy & Therapeutics Committee, Member and Formulary Subcommittee Chair, Metropolitan State Hospital, 11/2012- 6/2013
 - Medical Executive Committee, Secretary Metropolitan State Hospital, 7/2010-7/2013
 - American Psychiatric Association, Member
 - American Psychiatric Association, Women's Committee
 - Southern California Psychiatric Society, Member

Medical Executive Committee, Member at Large,
Metropolitan State Hospital, 7/2009-6/2010

American Academy of Forensic Sciences, Member
2009

ACADEMIC APPOINTMENTS: Western University, Clinical Faculty, 2016-2018

Ross University, School of Medicine, Clinical
Faculty, 8/2013- 2017

University of California, Irvine, School of
Medicine, Assistant Clinical Professor, 12/2013-
2018

University of California, Riverside, School of
Medicine, Assistant Clinical Professor, 2019 -
Present

LECTURES AND PRESENTATIONS:

**Diagnosing Tardive Dyskinesia and Using
VMAT2 Inhibitors-** Department of State
Hospitals- WebEx Lecture Norwalk, CA, February
17, 2021, February 24, 2021

**The Clozapine Lectures: Understanding
Hematologic Monitoring, Benign Ethnic
Neutropenia, and the Use of Lithium or
Filgrastim-** Department of State Hospitals- WebEx
Lecture Norwalk, CA, January 22, 2020

Fall Risk in Psychiatric Patients- Department of
State Hospitals- WebEx Lecture, October 23, 2019

Treatment of Borderline Personality Disorder-
Department of State Hospitals- WebEx Lecture,
August 14, 2019

Clozapine Use in the Elderly- Department of State
Hospitals- WebEx Lecture, April 3, 2019

Variations in Medication Metabolism and Risk of Side Effects in Different Ethnic Groups- Department of State Hospitals- WebEx Lecture, November 7, 2018, Multicultural Conference Lecture, Department of State Hospitals- Metropolitan, Norwalk, CA, October 3, 2018

ECT: The Basics- Department of State Hospitals- Metropolitan, Norwalk, CA, May 30, 2018

ECT for Schizophrenia- Department of State Hospitals- WebEx Lecture, Norwalk, CA, February 28, 2018, June 12, 2019

Managing Adverse Effects and Withdrawal Symptoms from Highly Anticholinergic Medications- Department of State Hospitals- Metropolitan, Norwalk, CA, October 4, 2017

Evidence-Based Antipsychotic Polypharmacy and Case Examples- Department of State Hospitals- Metropolitan, Norwalk, CA, June 21, 2017

Managing Nonhematological Adverse Effects of Clozapine- American Psychiatric Association Annual Meeting, San Diego, CA, May 21, 2017

Modern Use of Plasma Antipsychotic Levels- American Psychiatric Association Annual Meeting, San Diego, CA, May 23, 2017

ECT Use in Treatment Resistant Schizophrenia: Case Presentation & Discussion- Department of State Hospitals- Metropolitan, Norwalk, CA, February 17, 2016

The Discovery and Clinical Introduction of Chlorpromazine- Department of State Hospitals- Metropolitan, Norwalk, CA, August 12, 2015, August 20, 2015

Fall Risks in Psychiatric Hospitals- Department of State Hospitals- Metropolitan, Norwalk, CA, February 5, 2015

Electroconvulsive Treatment Overview-

Department of State Hospitals- Metropolitan,
Norwalk, CA, November 6, 2014, April 29, 2015

Constipation Treatment Update and Case

Presentation- Department of State Hospitals-
Metropolitan, Norwalk, CA, January 15, 2015,
April 23, 2015, January 18, 2017

New Antidepressants- Department of State

Hospitals- Metropolitan, Norwalk, CA, December
4, 2014

Akathisia Case Presentation- Department of State

Hospitals- Metropolitan, Norwalk, CA, September
26, 2013, August 14, 2014

Review of Cal-VAT Guidelines with a Focus on

Impulsive Violence- Department of State
Hospitals- Metropolitan, Norwalk, CA, June 26,
2014

Suicide Awareness and Prevention-

Department of State Hospitals- Metropolitan,
Norwalk, CA, May 22, 2014

Constipation in the DSH System- Department of

State Hospitals, Norwalk, CA, March 27, 2014

Lithium Toxicity- Department of State Hospitals-

Metropolitan, Norwalk, CA, March 19, 2014

Basic Psychopharmacology Overview-

Department of State Hospitals- Metropolitan,
Norwalk, CA, November 13, 2013, August 12, 2015

Constipation in the Psychiatric Patient-

Department of State Hospitals- Metropolitan,
Norwalk, CA,
June 26, 2013

Appropriate Uses of Anticholinergic Agents-

California Department of Corrections and
Rehabilitation and Department of State Hospital
Facilities, CA, April 17, 23, 25 and May 15, 2013,
April 16, 2015, August 13, 2015

The Insanity Defense, Department of State
Hospitals- Metropolitan, Norwalk, CA, April 8,
2009

**The Evolution of Combat-Related PTSD and
Current Forensic Implications**, UCLA/SFV
Forensic Fellowship Graduation, Sylmar, CA, June
18, 2008

**Sex, Insanity, Competency and Dangerousness.
Forensic Psychiatry Landmark Cases: Impact on
Defense and Prosecution Legal Strategies. Catch
and Release? If You Did the Deed – What
Happens Next?** AAFS Annual Meeting,
Washington D.C., February 23, 2008

**Past, Present and Future; What We Have
Learned About School Shooters-** Sepulveda VA,
North Hills, CA June 12, 2007

Case Presentation for Grand Rounds, Sepulveda
VA, North Hills, CA 2006

Neuropsychiatry Case Presentation, Sepulveda
VA, North Hills, CA 2005

PUBLICATIONS

ARTICLES -PEER REVIEWED:

Stahl, S.M.; Morrisette, D.A.; Citrome, L.; Saklad,
S.R.; Cummings, M.A; Meyer, J.M.; O'Day, J.A.;
Dardashti, L.J.; Warburton, K.D., “**Meta-
Guidelines” for the Management of Patients with
Schizophrenia**, CNS Spectrums. 2013, 18(3), 150-
162.

O'Day, J.A., Dardashti, L.J., Delgado, D.M.,
Schwartz, E.H., Broderick, C.L., Stahl, S.M.,
**Genetics and Epigenetics of Mental Illness:
Implications for Diagnosis and Treatment.**
Encyclopedia of Forensic Sciences, John
Wiley and Sons Ltd, Chichester UK

Stephen M. Stahl, Debbi A. Morrisette, Michael Cummings, Allen Azizian, Shannon Bader, Charles Broderick, Laura Dardashti, Darci Delgado, Jonathan Meyer, Jennifer O'Day, George Proctor, Benjamin Rose, Marie Schur, Eric Schwartz, Susan Velasquez and Katherine Warburton.

California State Hospital Violence Assessment and Treatment (Cal-VAT) guidelines. CNS

Spectrums, Available on CJO 2014

doi:10.1017/S1092852914000376

Dardashti, L., O'Day, J., Barsom, M., Schwartz, E., Proctor, G. **Illustrative Cases to Support the Cal-VAT Guidelines**, CNS Spectrums. 2015 Mar 30:1-8.

Cummings, M.A., and O'Day, J.A. **Should electroconvulsive therapy (ECT) be banned for schizophrenia?** CNS Spectrums. 2021 Jan
<https://doi.org/10.1017/S1092852921000109>